

### Intrapersonal Intelligence

*Profile:* tends towards self-reflection and analysis of strengths and weaknesses; introverted; often intuitive; has a profound understanding of self; prefers to work alone

*Typical skills:* good at understanding and recognising feelings and emotions; well-developed awareness of strengths and weaknesses; realistic about their role in the world

Typical careers: researcher, philosopher, writer, lawyer

Naturally, developing an awareness of intelligence type can help teachers support students in their studies and in their future career decisions.

# **Learning Styles**

Additional studies by Neil Fleming establish a model, usually referred to as VAK, which specifically deals with the way learners interact with information. This model focuses on three basic learning styles which should also be considered in any classroom situation:

#### **Visual Learners**

... like to see information expressed as maps, charts, graphs, diagrams and mind maps. Clear and logical use of pictures, colour, font, layout and graphics keep them focused. They learn well with activities which involve drawing lines, arrows and circles, and underlining, highlighting and crossing out.

#### **Auditory Learners**

... like to hear information and learn best from listening and pronunciation activities, teacher talk time and group and pair discussion work. They tend to deal with language as they speak rather than before which means they may make mistakes but these are a key part of their learning process.

#### Kinaesthetic/Tactile Learners

... respond best to 'reality' be it through demonstration, simulations or video of the physical world. They may have difficulty learning by reading or listening and will retain information better when they are free to move. They will respond well to activities with micro-movement in class such as games and card matching activities.

Catering for diversity in the classroom is a key objective in *Next Move* which has been written to include the widest possible range of material for students of all intelligences and learner types. All the activities in *Next Move* have been designed to ensure maximum variety in order to ensure that all students get the most out of the course.

The *Brain Trainer* material at the end of the Students' Book allows you to focus a little more consciously on multiple intelligences and learning styles in the classroom. Raise awareness after completing each activity by asking students how easy or difficult they found the activity and gradually helping them understand what type of learner they are.

## **Learning Styles Test**

At the beginning of the course, use the following test to get a general idea about your students' preferences. This also serves as an introduction for them to the basic idea of learning styles and helps them understand that the *Brain Trainer* section is not merely another collection of grammar and vocabulary activities, but rather a way to find out about themselves and learn how to learn more effectively.

Tell the students to write the numbers 1–30 on a piece of paper and tell them that you are going to ask them 30 simple questions to which they must answer simply *yes* or *no*. Read the following questions in students' L1, repeating them as necessary.

Ask students to divide their answers into three groups, 1–10, 11–20, 21–30. They count up how many times they wrote yes in each group. Tell students who have the majority of yes answers in the first block (1–10) to stand up and explain that they are predominantly *visual* learners. Repeat the procedure with the second block (11–20) for the *auditory* learners and finally with the third block for the *kinaesthetic/tactile* learners. Point out that within the class there are a range of learner types and that the Students' Book has material for all of them.

- **1** Are you good at using maps?
- 2 Do you remember people's faces even if you've only seen them once or twice?
- **3** Are you good at spelling?
- 4 Do you like clothes and fashion?
- 5 Can you understand charts and diagrams quickly?
- 6 Is it difficult for you to study when it is noisy?
- 7 Do you like using different colour pens?
- 8 Do you dream in colour?
- 9 Do you read a lot outside class?
- 10 Do you often write letters or emails?
- 11 Do you like studying with other people?
- 12 Are you good at explaining things?
- 13 Do you spend a long time talking on the phone?
- 14 Do you like discussing things in class?
- 15 Do you often hum or sing to yourself?
- 16 Do you like listening to the radio?
- 17 Are you good at remembering people's names?
- 18 Do you like hearing people telling stories?
- **19** Do you like acting?
- 20 Are you happy talking in front of groups of people?
- **21** Do you like making things?
- 22 Are you good at sports and physical activities?
- **23** Is your handwriting a bit messy?
- 24 Do you like making models and building things?
- 25 Are you a good dancer?
- 26 Do you like Science classes?
- **27** Do you do activities like martial arts?
- 28 If you buy something new, do you ignore the instructions and start to use it immediately?
- 29 Is it difficult for you to sit still for long?
- 30 Has anybody ever told you you're hyperactive?

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## What type of learner are you?

Name: \_\_\_\_\_

YES / NO 1. Are you good at using maps? YES / NO 2. Do you remember people's faces even if you've only seen them once or twice? YES / NO 3. Are you good at spelling? YES / NO 4. Do you like clothes and fashion? 5. Can you understand charts and diagrams quickly? YES / NO YES / NO 6. Is it difficult for you to study when it is noisy? YES / NO 7. Do you like using different colour pens? YES / NO 8. Do you dream in colour? YES / NO 9. Do you read a lot outside class? YES / NO 10. Do you often write letters or emails? YES / NO 11. Do you like studying with other people? YES / NO 12. Are you good at explaining things? YES / NO 13. Do you spend a long time talking on the phone? YES / NO 14. Do you like discussing things in class? YES / NO 15. Do you often hum or sing to yourself? YES / NO 16. Do you like listening to the radio? YES / NO 17. Are you good at remembering people's names? YES / NO 18. Do you like hearing people telling stories? YES / NO 19. Do you like acting? YES / NO 20. Are you happy talking in front of groups of people? YES / NO 21. Do you like making things? YES / NO 22. Are you good at sports and physical activities? YES / NO 23. Is your handwriting a bit messy? YES / NO 24. Do you like making models and building things? YES / NO 25. Are you a good dancer? YES / NO 26. Do you like Science classes? YES / NO 27. Do you do activities like martial arts? YES / NO 28. If you buy something new, do you ignore the instructions and start to use it immediately? YES / NO 29. Is it difficult for you to sit still for long? YES / NO 30. Has anybody ever told you you're hyperactive?