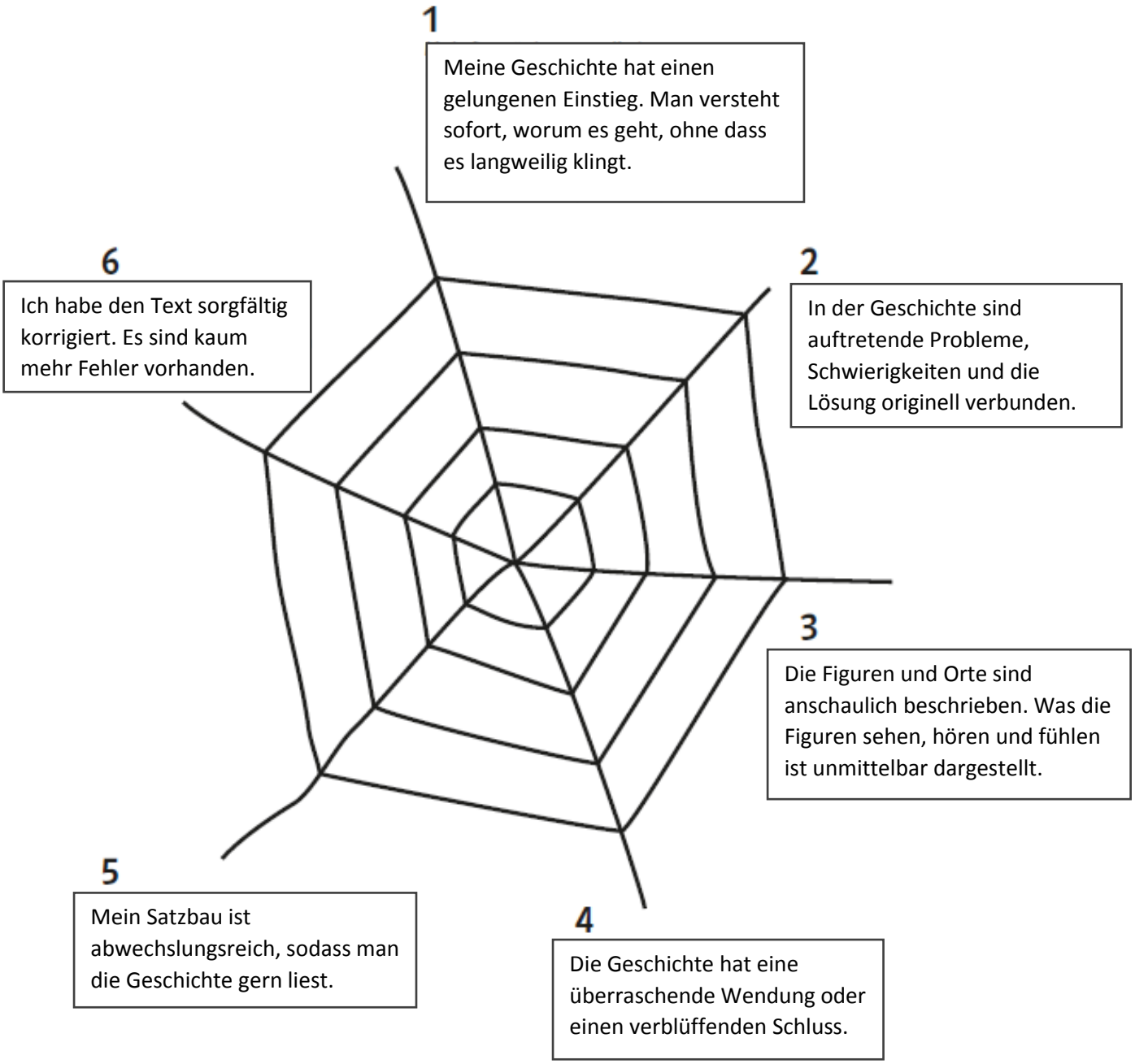Geschichten schreiben – Selbsteinschätzung